

REQUIRED MINIMUM DISTRIBUTION FORM AGE 70 1/2 AND OVER

Plan Name: _____

PARTICIPANT INFORMATION

Please complete all the information requested on this form. Incomplete or inaccurate information may delay your distribution.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Social Security No.: _____ Date of Birth: _____

My Beneficiary Designation on record with the Employer is:

- Spouse Child (Children) Grandchild(Grandchildren)
 Charity/Trust Other: _____

CALCULATION OF RMD

Your distribution will be calculated using the Uniform RMD Table. The one exception is if your spouse is (1) the sole beneficiary of your account and (2) more than ten years younger than you. This allows your RMD to be calculated using a Joint Life Expectancy Table which will lower your RMD. If this exception applies to you and you want your RMD calculated using the Joint Life Expectancy Table, complete the following information:

- I elect use of the Joint Life Expectancy Table for calculation of my RMD. My spouse is the sole beneficiary of my account.

Spouse's Date of Birth _____ (must be more than 10 years younger than participant)

FEDERAL INCOME TAX WITHHOLDING

The RMD is not eligible for rollover to an IRA and is therefore a taxable distribution. Federal Income Tax Withholding is optional.

- I elect the following Federal Income Tax Withholding:

Flat Dollar Amount of \$ _____ Percentage of RMD of _____%

- I elect not to have Federal Income Tax Withholding

PLEASE NOTE: *If no tax withholding election is made, an automatic 10% Federal Income Tax will be withheld.*

PARTICIPANT APPROVAL

Participant Signature

Date

PLAN ADMINISTRATOR APPROVAL

Plan Administrator

Date

IMPORTANT: Each year you will automatically receive your distribution based upon the information contained on this form. If anything changes, you must notify The Vargo Company. Otherwise, each year the Required Minimum Distribution will be based on the information contained on this form.

If you are still employed with the company who is making this distribution and are not a more than 5% owner, you may be eligible to defer your minimum required distribution until a later date. You must complete the Election to Defer Distributions Form if you wish to defer your distribution. Please see your employer for more detail.